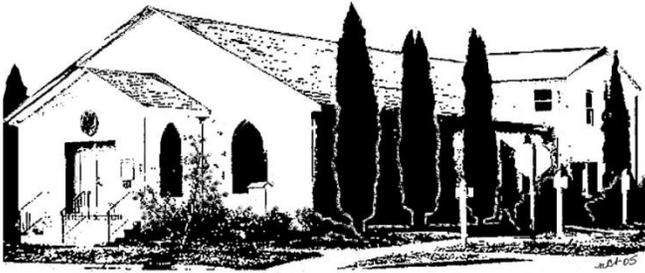


# The CoastLine



UNITARIAN COASTAL FELLOWSHIP  
*A Unitarian Universalist Church*

Unitarian Coastal Fellowship  
Member of the Unitarian Universalist Association  
1300 Evans Street, Morehead City, NC 28557  
www.ucfnc.org  
252-240-2283  
Minister: The Reverend Sally White  
252-726-4863 ucfminister@ucfnc.org

**OUR VISION STATEMENT:** Our congregation's vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

**A WELCOMING CONGREGATION:** We are an intentionally diverse community welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

## September 2017

### FROM THE WORSHIP COMMITTEE

**September 3: Waters of Ministry 2017.** Each summer, you are invited to collect samples of water connected with "moments of ministry" that catch you during the summer. Today is the day for us to bring our samples of water together to create our congregational "waters of ministry" for the coming year. And most important, today is the day to bring the story of one particularly powerful "moment of ministry" from your summer to share. Together, our stories weave a living tapestry of ministry that serves us all, and the world around us.

**September 10: Direct Experience of Transcending Mystery and Wonder.** Unitarian Universalists name six sources of the living tradition we share. First among them is "Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces that create and uphold life." Where—when—how—have you ever had such a direct experience of what is religious, or what is divine? How can we open ourselves to such an encounter? How can we recognize it if it happens? Today's is the second in a series of services on the sources of Unitarian Universalist inspiration and identity.

**September 17: How Can We Keep From Singing?** For many people, what is happening in our world today is painful, difficult to understand and a time of despair, frustration and anger. For some, music gives them a measure of peace and an outlet for their hurt and frustration. On this day members of our choir will select music that speaks to them at such times. We hope our music will help bring you comfort and peace.

**September 24: Autumn.** In words and music, poetry and prose, Rev. Sally and others will reflect on Autumn, and on what this season of plenty and of preparation offers us and asks of us.

### SEPTEMBER REFLECTIONS FROM SALLY

"Life is like a box of chocolates," Forrest Gump unforgettably said. "You never know what you're gonna get."

So when our Music Director Ann Odell and I went to the Unitarian Universalist Musicians Network conference in July, we did not know that we would hear speakers and attend workshops on song-leading in situations of political action and advocacy. We didn't know we would listen to and sing with Yara Allen, song-leader for Rev. William Barber's Forward Together Moral Movement and Repairers of the Breach. We didn't know that we would experience the power of singing for justice, singing for outreach, singing for lament and instruction and encouragement and celebration.

We didn't know what we were gonna get.

Some of what we got, we shared with the congregation in the Sunday service on August 13. Together, Ann and I and the congregation that morning heard and told and sang stories about walls—building them up and breaking them down. We heard and we felt how, in Yara Allen's words, "a song can creep through cracks and crevices, and follow you home at night, and wake you out of your sleep." I mentioned that I came home thinking about leading songs here, in Carteret County.

And then, Ann and I were approached to join the Peace Vigil in Morehead City, organized that very day in response to the violence in Charlottesville. Ann led songs, with others who accompanied the singing on guitar and ukulele, and I sang out in hope of bringing in every one of the 100 voices gathered in Katherine Davis Park. Together, we felt how songs can set the tone for a group, can change the energy, can bring people together, can awaken hope and instill peace. The police officers who were there to keep us all safe commented on the good energy. When the last notes faded, people spontaneously reached out to hug strangers and new friends.

What are we gonna get next? We never know. But I am learning the power of song to help us make sense of whatever it is. To help us create community to respond to whatever it is. To help us teach and learn, encourage and strengthen, mourn and celebrate. To help us wake out of our sleep, and go forward together.

I am grateful for this gathered UCF community—for you—and for the songs we sing together. To me, **we** are better, even, than a box of chocolates!

Wishing you songs, and blessings,  
*Sally*

## **FROM JOE NASET, YOUR BOARD OF TRUSTEES PRESIDENT**

We had a good attendance at the “Coffee with the Board” on Aug 6. Thank you to all who attended. The primary subject of discussion was our growth and therefore our need to start actively planning for it. The vast majority (about 95%) of the comments and suggestions made at that coffee were supportive of the direction your Board of Trustees is going.

We are currently looking into three possible options. First is growing where we are by acquiring adjoining properties on Evans and Arendell Streets. This option is dependent on IF we could acquire those properties and IF the city zoning would allow that type of growth in a residentially zoned area. We are seeking answers to those questions.

Options two and three are buying new vacant property and building to meet our needs. We are looking at two possibilities; one on 20<sup>th</sup> Street and the other is between Highway 70 and McCabe. We are doing a cost analysis on all three options as well as a list of pros and cons of each. The Board is open to constructive comments or questions on these options or other options.

Whatever course of action we end up taking is going to require capital so start thinking about your abilities to actively participate in a capital campaign that is

independent of your pledge commitment. We will be starting a formal capital campaign very quickly after we have a final decision on an action plan. We currently have about \$30,000 in our building fund. If you want to add to it prior to the formal capital campaign place your cash or check in the model church that sits on the railing next to the piano. Write “building fund” in the check memo line and the Treasurer will include it in your 2017 tax donation letter.

Thank you,  
*Joe Naset*

## **UCF FACEBOOK PAGE**

For those of you on Facebook, check out the UCF page. Just enter 'Unitarian Coastal Fellowship' in the search box at the top of your page. You can see announcements, photographs, and news of UCF. If you click 'Like' you will get the regular bulletins direct to your page. You can also post, add photographs, etc. to the UCF page.

## **UCF'S WEBSITE**

The Unitarian Coastal Fellowship tries to keep up with today's communication technology and reaches out to our congregation as well as the larger community in a variety of ways. Besides our Coastline newsletter which is emailed every month to those of us who are online, we also have a Facebook page (maintained by Pat Harms) as well as a very informative website: [www.ucfnc.org](http://www.ucfnc.org)

Janis Williams, Pat Harms and Barb Thomas are responsible for updating and maintaining the UCF website. On the bottom left of the home page (and all other pages) you will see a “News” section which includes the title of the upcoming Sunday service, as well as other up to the minute news about happenings at UCF. You can click on each of those links for more detail. Also, we have assigned one of the above people to maintain each page and have posted a small announcement about who the contact person is at the top of the page. If you see changes that need to be made, please email the person responsible so they can update the page.

We have heard from many of our recent visitors and new members that they found us through our website, so we would like to be sure to keep it fresh and up to date. You can help by checking it out and letting us know what needs updating.

## UCF'S CURRENT LEADERSHIP

### Minister:

Rev. Sally B. White [ucfminister@ucfnc.org](mailto:ucfminister@ucfnc.org)

### Staff:

**Music Director:** Ann Odell [annodell56@gmail.com](mailto:annodell56@gmail.com)

**Office Assistant:** Coleen Clark [ucfoffice@ucfnc.org](mailto:ucfoffice@ucfnc.org)

**Religious Education Coordinator:** Coleen Clark  
[wyonana@hotmail.com](mailto:wyonana@hotmail.com)

### Board of Trustees:

**President:** Joe Naset [joenaset@gmail.com](mailto:joenaset@gmail.com)

**Vice President:** Tom Cullison [trcullison@gmail.com](mailto:trcullison@gmail.com)

**Secretary:** Coleen Clark [wyonana@hotmail.com](mailto:wyonana@hotmail.com)

**Treasurer:** Jo Ellen Essex [treasurer@ucfnc.org](mailto:treasurer@ucfnc.org)

**Leadership Trustee:** Melva Kearney

[melva.kearney@gmail.com](mailto:melva.kearney@gmail.com)

### Leadership Chair and Committee Chairs

**Chair:** Melva Kearney [melva.kearney@gmail.com](mailto:melva.kearney@gmail.com)

**Facilities:** Mark Hooper [Mhooper9@ec.rr.com](mailto:Mhooper9@ec.rr.com)

**Worship:** Martha Naset [mbnaset@gmail.com](mailto:mbnaset@gmail.com)

**Finance:** Joe Naset [joenaset@gmail.com](mailto:joenaset@gmail.com)

**Membership:** Penny Hooper [pjhooper@ec.rr.com](mailto:pjhooper@ec.rr.com)

### Social Outreach:

Miriam Green [mwgreen15@gmail.com](mailto:mwgreen15@gmail.com)

Barb Thomas [bsthomas2@gmail.com](mailto:bsthomas2@gmail.com)

**Religious Education, Children:** Coleen Clark

[wyonana@hotmail.com](mailto:wyonana@hotmail.com)

**Religious Education, Adults:** Vicki Barrett

[brighidshammer@gmail.com](mailto:brighidshammer@gmail.com)

**Green Sanctuary:** Vacant

**Care Circle Coordinator:** Martha Naset

[mbnaset@gmail.com](mailto:mbnaset@gmail.com)

**Newsletter Editor:** Paul Fontenoy [ucfeditor@gmail.com](mailto:ucfeditor@gmail.com)

## SUSTAINING OUR SOULS

Sustaining Our Souls Tuesday evening contemplative worship service will not meet in September.

## NEW FORM FOR JOYS & CONCERNS

The Worship Committee announces a two-month trial of a new format for Joys and Sorrows in our Sunday services. Beginning with the Sunday service on August 6, we will replace spoken Joys and Sorrows with a time for dropping stones silently into the chalice of water, followed by a Pastoral Prayer offered by the worship leader. In the Pastoral Prayer, individuals who have significant milestones may be named. To have your own name or that of a friend or loved one included in the Prayer, members or

friends may fill out a Pastoral Prayer card, giving the name and a very few words about the milestone, and place the card in the basket on the chalice table before Morning Music begins at 10:30am. Cards will be available in the entrance hall and near the piano, wherever Orders of Service are found.

At the end of the trial period, on September 24, the Worship Committee will gather feedback from members and friends of the congregation.

If you have questions or feedback please feel free to contact any Member of the Worship Committee, who are Rev, Sally White, Martha Naset Acting Chair, Karen Baggott, Coleen Clark, Marilyn Cullison and Ann Odell.

## WHAT IS THE FUNCTION OF THE LEADERSHIP COUNCIL?

The Leadership Council is made up of the Committee Chairs of each of the seven standing committees of UCF and its function is to engage in the day to day operations of the Fellowship. It meets on the 1st Thursday at 2:00pm each month and is chaired by the Leadership Council Trustee who serves as the link between the Board and the Council. Anyone from the congregation can attend the meetings and bring any ideas before this council. There is a definite effort to "cross-pollinate" between the activities of each of the committees and the LC insures that "the right hand knows what the left hand is doing"...most of the time!

## UCF GROUPS

These UCF Groups meet regularly and are open to anyone interested. All meet at UCF unless otherwise noted. Suggestions for new groups are always welcomed.

**Book Group:** 2nd Mon. at 4:00pm—Pat Harms (764-7354)  
**Buddhist Study Group:** 1<sup>st</sup> & 3<sup>rd</sup> Thurs. at 7:00pm—Ann Rivers (240-1914)

**Women's Group:** 1st Wed. at 12:00pm—Ann Odell (726-3648)

## BUDDHIST STUDY GROUP

A Buddhist study group meets on first and third Thursdays, at UCF at 7:00pm. There will be discussion of a chosen book and how it applies to our lives and there will be time for quiet reflection; other Buddhist materials will be shared and discussed. All interested are very welcome.

## WOMEN'S GROUP

Our UCF Women's Group will gather on Wednesday, September 6 at 12:00. Please bring your lunch and come for a discussion about Our Mothers. As you age, do you find that you're becoming your Mother? If so, is that a good thing or a bad thing? Our Women's Group is for any UCF woman member, friend or guest. If you have questions contact Ann Odell at 252-726-3648 or [annodell56@gmail.com](mailto:annodell56@gmail.com)

## GREETERS

The greeting task is very important because greeters are the first people that an arriving person meets when coming to our church. We want everyone to feel that they are very welcome and that we care about them. This is true for old and new members and friends, and it is especially true for those who have come for the first time. So give everyone a joyful welcome. If you don't recognize someone, ask them if this is the first time they have been to UCF. If so, ask them to fill in the Guest Book. We like to send a welcoming letter to newcomers, but we can't without an address. If there are children, tell their parents about our programs for the children: Sunday School or our accommodations for the youngest youth. If there is an opportunity, introduce them to another person. After the service you may be able to encourage them to go to the Social Room for coffee and conversation. You may also be able to introduce them to others at that time.

## SOCIAL TIME ROTATION SCHEDULE

Morehead City Country Club and Crab Point  
March, July and November.

Beaufort and Down East  
January, May and September.

Western Carteret and Craven Counties  
April, August and December.

Morehead City Downtown  
February, June and October.

## TRANSFORMING LIVES THROUGH RELIGIOUS EDUCATION

Visit the UCF website at [www.ucfnc.org](http://www.ucfnc.org) for updates on upcoming classes and presentations. Come join us to

learn about something new, discuss important issues, and spend an enjoyable time with others in the community. As always, church members and friends, and the larger community are welcome and encouraged to participate.

## THIRD RECONSTRUCTION

Rev. Sally and Melva Kearney are offering yet another chance to read and discuss Rev. Dr. William J. Barber's book *The Third Reconstruction: How a Moral Movement is Overcoming the Politics of Division and Hate*. *The Third Reconstruction* challenges us to ground our justice work in moral dissent and do the hard work of coalition building in a society that is fractured and polarized.

The class will meet in the Social Hall at the Fellowship on Thursdays, September 7 and 14, from 6:30 to 9:00pm. There are still spaces for 4 people in this class. If you would like to join the group, please contact Rev. Sally by email at [ucfminister@ucfnc.org](mailto:ucfminister@ucfnc.org) or by telephone at 252-622-1978.

## UU101 CLASS IN OCTOBER

Are you interested in knowing more about Unitarian Universalism? Want to learn about the Unitarian Coastal Fellowship and how we fit into that larger picture? Would you like a chance to retrace the spiritual journey that led you here, and to hear about the journeys of others? Then join us for a two-session UU 101 class, after church on Sundays October 8 and 15. This class is perfect for those who are considering joining our congregation—and for those who have been around a while and want to know more. Sessions will begin at noon and end around 1:30pm. Lunch and childcare will be provided for those who register in advance.

The first session will include getting acquainted with each other: who we are, what has brought us to UCF, what we are looking for in a spiritual community. We will talk a little about the history and the structure of UCF and of the larger Unitarian Universalist movement of which we are a part, and about how you might want become involved in this congregation in addition to Sunday worship.

The second session is an overview of Unitarian Universalist history, considering the perspectives of theology, polity (or governance) and social action.

Please sign up on the signup sheet in the Social Hall or by calling Rev. Sally at the church (240-2283)

## OUR UNITARIAN UNIVERSALIST STORY

...is a six-session adult religious education program to be offered On Tuesdays in November and December. Using readings, group discussions, and activities, we will explore the history and heritage of Unitarian Universalism, personal religious values, individual experience, and current theological trends and issues. The sessions will be led by Rev. Sally White and Landon Elswick (who has taught UU history at SUUSI). Two different times are being offered for our UCF class. The Tuesday morning session will meet from 10am to noon, and the Tuesday evening session will meet from 6:30 to 8:30pm on November 7, 14, 21, 28, December 5 and 12. A sign-up sheet is in the Social Hall. We need a minimum of six people for a session to run.

## DEBRA GUTHRIE NEWS



Our own Debra Guthrie was featured recently in the *Aiken Standard* newspaper after speaking at a rally in downtown Aiken, SC, where she is minister of the Aiken UU Church.

The people at the rally said they stood “in solidarity with our friends and other people of faith” who experienced the violence in Charlottesville, VA.. At the rally Debra said “There's so many people who feel the way that we do, and we just need to be more vocal about it and to stand up and get out there. I think that the heart of the nation is a good heart and it's a loving heart, and people who promote hate do not represent us all. That's just a small minority but a vocal minority. We need to be just as vocal. We need to say, 'We are here and we resist that kind of hatred and bigotry.' Racism has to end. It just has to. It's a moral imperative.”

Unitarian Coastal Fellowship will hold an Ordination Service for Debra on the afternoon of January 28, 2018 at our church, followed by a reception (more information to follow in the coming months). Debra will meet with the UU Ministerial Fellowship Committee in September and we wish her great success.

## SOCIAL ACTION COMMITTEE

The Social Action Committee at UCF, which incorporates the Green Sanctuary Committee, provides resources (human and financial) for those in our congregation to pursue the social justice projects about which they are passionate. Whether it is homelessness, gay rights, animal rights, the environment, or some other issue, we seek to help by connecting people with others who are passionate about the same issue and providing funds or other resources for them to achieve their goals.

As we all are aware, we are a diverse congregation and our beliefs and passions vary widely. The issues championed by our members are not necessarily embraced by our whole congregation. We would like to encourage everyone to never assume that we are all in agreement about an issue. As we drop a stone or express a view related to an issue, let us speak for ourselves only and never assume we are speaking for the congregation.

There is a policy in our Policy manual that deals with Statements of Conscience. A rigorous procedure is associated with this policy and if a member feels that there is a need for our church to take a united stand by issuing a Statement of Conscience, the Social Action Committee can initiate this process, which includes an educational forum, approval of the Leadership Council and Board of Trustees, and a vote with 75% agreement from the congregation.

If you are interested in finding out more about the Social Action Committee, please ask co-chairs Amy Jones or Barb Thomas. You can talk to us at church or email us: [amjones0912@gmail.com](mailto:amjones0912@gmail.com) or [bsthomas2@gmail.com](mailto:bsthomas2@gmail.com). And please come to a meeting and see if the Social Action Committee is a good fit for you! We meet once a quarter

and the dates will be on the calendar in this newsletter and announced in the Order of Service.

## GREEN SANCTUARY MEETING

Everyone interested in the outdoors, and in environmental issues is invited to attend the first Green Sanctuary meeting of the year on Sunday, September 10 after the service. We will be discussing issues of interest, as well as upcoming events. Bring your ideas. The first event on the calendar will be the kayak trip on September 17. See the sign-up sheet in the social hall. Looking ahead to October we will be sponsoring a Meatless Monday potluck on October 9. Great fun and great food!

## KAYAK TRIP



Green Sanctuary is again planning a kayak trip after the service on Sunday, September 17. Everyone welcome! Bring your lunch and your kayak to the 11<sup>th</sup> Street launch area. We'll meet there at 12:00 for a picnic and then begin the circuit of Sugar Loaf island. There will be a sign-up sheet in the Social Hall. Please indicate if you will bring a kayak, if you need a kayak, or if you have one to lend. Everyone must have a flotation device. There are usually extra kayaks available if we know in advance. Questions to Anne Fiske or Pam Holliday.

## FAMILY PROMISE OF CARTERET COUNTY

Family Promise of Carteret County is our local program for homeless women and families in Carteret County. Local churches provide dinner and overnight lodging and the guests go to a Day Center during the day where they receive intensive counseling services to help them learn how to manage on their own, find jobs and locate housing.

Family Promise needs Day Center volunteers. These volunteers work three or four-hour shifts at the Day Center—7:00am to 10:00am, 10:00am to 1:00pm, or 1:00pm to 5:00pm. Tasks include answering the phone, greeting visitors and guests, and helping the Director with various special projects. If you would like more information or would like to volunteer, call the Day Center at 252-222-0019.

## MARTHA'S MISSION CUPBOARD

We continue to support the work of Martha's Mission, through the generosity of our congregation. At any time, non-perishable food items may be brought in and left in the corner of the Social Hall (near the kitchen). They will be delivered to Martha's Mission and to Family Promise of Carteret County. Martha's Mission also accepts pet food for their clients with pets. Non-perishable breakfast items like granola bars, cereal and fruit juice are especially needed for supplying our Family Promise host churches.

## CARE CIRCLES

The UCF Care Circles are geographically located groups of members and friends of UCF. The Care Circles are responsible for coffee hour in each of their respective months and as a helping hand to others in their circle when a need arises such as a natural disaster or sickness.

There are four Care Circle groups; Beaufort/Downeast chaired by Penny and Mark Hooper, Morehead City Downtown chaired by Beth Baugham, Morehead City/Country Club/Crab Point chaired by Martha Naset and Western Carteret/Craven County chaired by Sandi Sox. The most current lists are posted in the social hall. Please check the lists and if you have any questions or changes please contact Martha Naset, Care Circle Coordinator, Penny Hooper or Barb Thomas. Hope to see you soon in the kitchen for a cup of coffee!

## SIMPLY CIRCLES

Are you looking for "something more" from your association with our Fellowship? Are you hungry for deeper connections with the people you meet here? Are you yearning for a sense of intimacy and trust with others? Searching for ways of feeling more integrated into this liberal religious community? Are you looking for the opportunity to engage in in-depth conversations about our faith and its influence in everyday life? Many of us are in search of just this kind of depth and connection. Simply Circles offers an opportunity to find it.

Simply Circles is a network of small groups at UCF. These groups meet monthly from October through May for a time of casual socializing (often over a shared meal) followed by a focused, facilitated conversation on a monthly theme.

The six to eight members in each group will be drawn from among those UCF members and friends ages 16 and older who have signed up to participate. Each group will be convened by a facilitator, and members will covenant to participate for the whole eight months, so that there is enough time to develop trust, depth, and intimacy.

Do these small groups sound intriguing to you? Sign-up sheets will be posted in the Social Hall by the second week in September and the groups will begin meeting in October. If you are out of town in September and can't sign up, just email Rev. Sally, [ucfminister@ucfn.org](mailto:ucfminister@ucfn.org)

The planning group includes Ann Odell, Marilyn Cullison, Penny Hooper, Barb Thomas and Rev. Sally—and we welcome your questions, comments, or suggestions. Email us, call us, or grab us at coffee hour—we want to include you in Simply Circles!

## THE RECOVERY CORNER

Addiction is more common than many realize. There were approximately 20.6 million people in the United States over the age of 12 struggling with an addiction in 2011. It is estimated that an additional 20 million Americans were also in long-term recovery during that same time period. 100 people die every day from drug overdoses. This rate has tripled in the past 20 years. It is estimated that at least one-third of all families have been affected by addiction. It is definitely a "family disease", and a societal disease. We are all affected.

Addiction has been defined as a "chronic brain disease" by the US Surgeon General. It is nothing to be ashamed of and there is help and hope. In an effort to educate and create a more supportive environment in our UCF community, we have established a Recovery Corner in the Social Hall (in the far right corner by the art display), where you will find great resources—books, magazines, local agencies, meeting schedules, etc.—for individuals or family members struggling with addiction and mental health issues, or for anyone that would like to learn more about this. These books, etc. are available for you to borrow on the honor system. We only ask that you return them when you are no longer using them. In addition, if you'd like to lend any books or material to the Recovery Corner, feel free to do so. Please call or email Harriet Altman at [910-340-9270](tel:910-340-9270) or [harriettaltman@icloud.com](mailto:harriettaltman@icloud.com). if you would like further information or have any suggestions or contributions you would like to make to this effort.

## CARING CONNECTIONS

...is our directory of standing offers for help, from members and friends of UCF, to members and friends of UCF. Need minor repairs on your house or car? Need a visit, a meal delivered, or a ride to the doctor's office? Short-term care for a child or an adult? Yard clean up, light hauling? Call or email a person in our caring connections network. Every time someone in the community calls someone on the list, a connection is made, and with each connection another strand is woven into the fabric of the UCF community—intentionally, openly, willingly, inclusively. To offer services, or request help, check the list posted in the social hall.

## MEET SHERRY 7 CHRISTOPH HINTZE



Sherry and Christoph Hintze rejoined the Unitarian Coastal Fellowship in July of 2017 after a 14-year lapse. They had been members, intentionally seeking a church and found UCF. Christoph served on the Board of Trustees, but, as the saying goes, "life happened": two boys, a house fire and a health crisis forced them to align their energies elsewhere.

The Hintzes live down highway 24 in Newport, where they've lived since 1994. Their two boys attended the Tiller School in Beaufort and then were homeschooled. The older son Gray, who is now 24, homeschooled for all of high school while Paul, the younger son at 22, through the last two years of middle school and all of high school. Sherry muses that perhaps homeschooling history didn't give the boys as much as it could have; however both Sherry and Christoph are amazed at what the boys do know and continue to learn—Christoph describes them as "self learners"

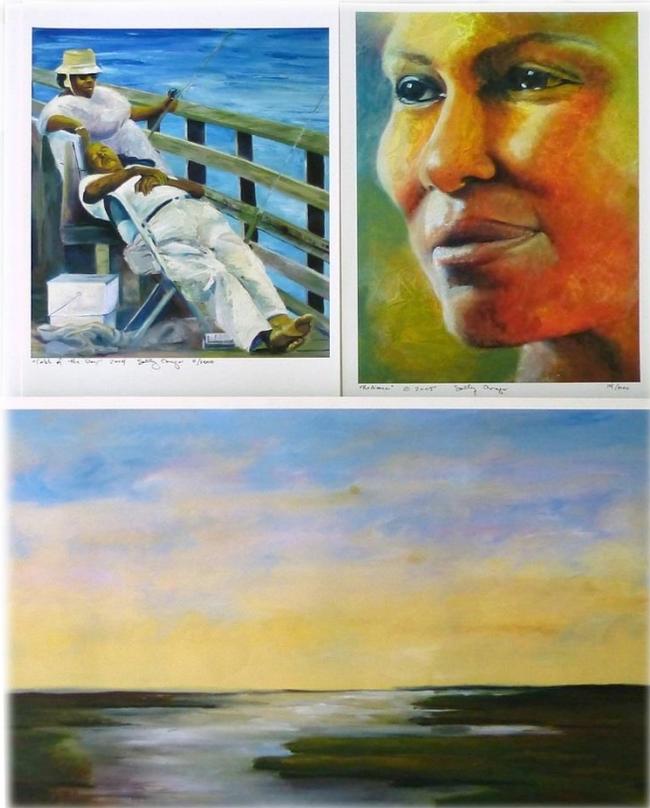
Sherry's family doesn't attend church; Christoph grew up with a Lutheran Minister for a father, moving every couple of years to a new church. He served in the Navy for six years and also worked in construction. Christoph currently

operates two businesses, an established drafting service, with services available in residential design, contract drafting and 3D modeling: [www.chhintzedrafting.com](http://www.chhintzedrafting.com) and a fledgling men's fine tailoring business: [www.facebook.com/macgremlin.and.company](http://www.facebook.com/macgremlin.and.company).

Sherry likes to write and has fiction published under a pen name, and writes a blog, albeit less frequently than she used to. She says she'd like to be involved more but not sure how. She's planning on contacting Hospice House to see if they could use a volunteer. Sherry remembers how helpful they were sitting with Christoph's mother, so she could run necessary errands and do the grocery shopping.

So please welcome Sherry and Christoph Hintze.

## THE ARTWALL IN THE SOCIAL HALL



Artworks by Sally Anger will be on display in the Social Hall during the months of September and October. This is how one patron describes her art: "The paintings of Sally Anger offer a glimpse into a realm where the prosaic images of life are transformed into the exotic and the extraordinary. Her canvases are a mystical amalgam of visual sorcery forged in realism and tempered with impressionistic and abstract elements, all subtly alloyed to present a compelling and intelligent look at her subjects. In this realm a simple portrait becomes a window, a portal into a human universe captured in an expression or a tilt of the

head, light of the eyes, the anticipation of imminent movement. These are real people, candid and vulnerable, frankly captured between heartbeats in an unguarded moment when secrets are divulged. They cipher your emotions back to you with ironic and intelligent redirection." (Gary Goldstein, 2006)

Sally is a member of the Carteret County Arts and Crafts Coalition and the Arts Council of Carteret County.

All prints created of Sally Anger's artwork are high quality, Giclee prints. Each is printed on Epson archival paper, using the highest quality pigments inks, are signed by the artist and assigned a unique number in the series of the edition. These prints normally sold for \$75.00. Sally Anger is donating them as a fundraiser for the church. We have been given permission to sell them for \$25.00 and \$10.00.

If you would like to display your artwork in the Social Hall, please contact Vicki Barrett: [brighidshammer@gmail.com](mailto:brighidshammer@gmail.com)

## SAN RAMON, NICARAGUA, ECOTOUR 2018

You are invited to enjoy an exciting cultural immersion experience in San Ramon, Nicaragua.

UCF is one of the Sister Communities of San Ramon, Nicaragua (SCSRN), which partners with San Ramon to support education and community development initiatives that build friendship, understanding, environmental preservation, and respect for human rights.

One of SCSRN's initiatives includes leading ecotours to that region. Lonna Harkrader, SCSRN founder, is organizing an ecotour for February 4, 2018 through February 11, 2018. Reservations are required by June 30, 2017. UCF members who have traveled there include Penny and Mark Hooper and Ann Rivers.

Additional information is posted in the UCF social hall. You can also learn more from the web site: [www.sanramon.org](http://www.sanramon.org)

## NEWS OF UUs

Marilynn Cullison had concerns about her father, Ralph Schumann, who was to undergo heart catheterization because of symptoms of heart failure. He is now home and tolerated his procedure very well. Thankfully, his heart arteries are clear and he won't require any additional surgery at this point. She thanks everyone for their good thoughts and words.

Christoph Hintze was sorry to learn that an old shipmate of his was fighting cancer. He also is thinking about those who go in harm's way on the sea and do not return.

Karen Baggott asked for thoughts and prayers for her sister-in-law, Kitten, who recently had surgery. Pathology reports have shown the tumor was benign.

Christina Berner has a concern that the new way of expressing Joys & Sorrows removes all spontaneous feeling and the humanity from sharing. She wants the feeling of knowing each other.

Thoughts and prayers go to Rev Sally White who traveled to Ohio for her Father's Memorial Service.

Susan Johnson has one more round of chemo left and asks for prayers for ever better, ever easier responses to treatments. She said it has been a difficult time for her.

Ann Odell remembers, with love, her daughter Kristi, who died of cancer six years ago. She especially misses her laughter and sense of humor.

Rev. Sally was selected Woman of the Year by the League of Women Voters. What an honor! We're all very proud to have her as our minister.

Good news from Dot Reist that her husband, Bill, is coming along fine as he recovers from an infection with C. Difficile. It will be a long, slow recovery but it was wonderful to see him in church again.

Martha Kenworthy recently celebrated her Dad's 90<sup>th</sup> birthday. It was a grand celebration with all of his children, grandchildren and great-grandchildren attending the party.

Barb Thomas said her husband, Bob, is doing well in his recovery from breaking his back. He is being weaned off his turtle shell brace and was even able to come to church last week.

Christina Berner is looking forward to a visit from her grandson, The Might Q., and we will all get to meet the young man as he will come to church with her.

Ann Reindollar, who had been visiting her sister Nancy and our Fellowship for the past three months, has returned home to Maryland. She leaves us with thanks for such a warm welcome. Her email is [eadollar@yahoo.com](mailto:eadollar@yahoo.com) and she would like to stay in touch.

Emilee Mroz Morrison, husband Sean and son Baylen send greetings and love to UCF.

Pam Holliday silently dropped a stone in appreciation for our Fellowship.

Coleen Clark has begun her journey on the Camino de Santiago and wants to thank everyone for the cards, purse and feathers. She will be thinking of us as she walks and we can follow her journey on Facebook.

## CALENDAR FOR SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
<b>3</b> 9:15 Choir Practice 10:30 Service & Children's RE 11:45 Afterwords	<b>4</b>	<b>5</b> 1:30 Ordination & Worship Committee	<b>6</b> 9:00 Board of Trustees and Leadership Council at Cullison's 12:00 Women's Group	<b>7</b> 10:00 Finance Committee 2:00 Leadership Council 6:30 Third Reconstruction 7:00 Buddhist Study Group	<b>8</b>	<b>9</b>
<b>10</b> 9:15 Choir Practice 10:30 Service & Children's RE 12:00 Green Sanctuary	<b>11</b> 4:00 Book Group	<b>12</b> 3:00 Membership Committee	<b>13</b> 10:00 Board of Trustees	<b>14</b> 6:30 Third Reconstruction	<b>15</b>	<b>16</b>
<b>17</b> 9:15 Choir Practice 10:30 Service & Children's RE 12:00 Kayak Trip	<b>18</b>	<b>19</b>	<b>20</b>	<b>22</b> 7:00 Buddhist Study Group	<b>23</b>	<b>23</b>
<b>24</b> 9:15 Choir Practice 10:30 Service & Children's RE 12:00 Social Action Committee	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>

**Unitarian Coastal Fellowship**

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This newsletter is published once a month for members and friends of the Unitarian Coastal Fellowship. The newsletter is distributed by email. Those not having email can pick up a copy in the lobby of the church, usually by the first Sunday of each month.

The deadline to submit material for the newsletter is by 6:00pm of the fourth Sunday of each month, unless specifically designated otherwise. Submissions, preferably in MS Word, may be made by email: [ucfeditor@gmail.com](mailto:ucfeditor@gmail.com). The editor has the prerogative of accepting material based on appropriateness and space.