



UNITARIAN COASTAL FELLOWSHIP
A Unitarian Universalist Church

The CoastLine

Unitarian Coastal Fellowship
Member of the Unitarian Universalist Association
1300 Evans Street, Morehead City, NC 28557
www.ucfnc.org
252-240-2283
Minister: The Reverend Sally White
252-726-4863

OUR MISSION STATEMENT: The Unitarian Coastal Fellowship: building a community that fosters free religious inquiry and universal social justice.

A WELCOMING CONGREGATION: We are an intentionally diverse community welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

August 2010

FROM THE WORSHIP COMMITTEE

August 1: Transformational Ministry, Part I: "I and We." This past May, I spent the better part of a week studying "Transformational Religious Leadership" with a group of Unitarian Universalist ministers and district leaders. Underlying all that we learned was a simple image: religious leadership is a three-legged stool, resting on clear understandings of "I" (the leader), "we (the group), and "thou" (the larger purpose that brings us and holds us together). How does this image of leadership apply to shared ministry in our congregation? This week, let's examine the importance of "I and We" in a healthy, vibrant religious community.

August 8: Transformational Ministry Part II: "Thou and How." This morning, we will continue our exploration of shared ministry as transformation—of ourselves, our congregation, and our community. What is the "thou"—the larger purpose, or the deepest values—that sits at the heart of our ministry to ourselves, to one another, and to the world?

August 15: Unto the Seventh Generation. In this service we will explore the lasting impact of the European domination on native people, their culture and traditions. Come gather here in the mystery of the hour!

August 22: Echoes from the Musicians' Network Conference. The Unitarian Universalist Musician's Network held its annual conference in Madison, Wisconsin in June, and our music director Ann Odell participated. On this Sunday, Ann and Rev. Sally will share with you echoes of the conference—some of what Ann heard and saw, some of what she sang and played. We know that music opens

the heart to worship and wonder—come and let our music touch your heart!

August 29: Waters of Ministry 2010. In our service on June 13, you were invited to collect samples of water connected with "moments of ministry" that catch you during this summer. Today is the day for us to bring our samples of water together to create our congregational "waters of ministry" for the coming year. And most important, today is the day to bring the story of one particularly powerful "moment of ministry" from your summer to share. Together, our stories weave a living tapestry of ministry that serves us all, and the world around us.

GREETERS FOR AUGUST

Please sign up on the UCF bulletin Board for summer slots. Membership will be assigning greeters for August within the next few weeks, so if you have a preference, please sign up now!

August 1	John and Sharon Farmer
August 8	Martha and Joe Naset
August 15	Mark and Penny Hooper
August 22	Karen and Dwight Rettie
August 29	Ann Rivers and John Russell

If you are unable to keep your commitment, please call another greeter and arrange to swap dates.

AUGUST REFLECTIONS FROM SALLY

For most of my vacation month in July, I spent part of every day reading, deepening and broadening my acquaintance with some of the current thinking on leadership. “Leader” is one of the skills I believe is important for me to cultivate if I am to be the best minister I can be, for you and with you.

One of the most important things I am learning is that leadership is less about expertise than it is about trusting—trusting myself, trusting you, trusting the great wisdom that each of us embodies, and trusting the relationship between us. Trust is built on listening more than on talking; on feeling at least as much as on knowing. And trust includes allowing ourselves to experiment, to fail sometimes, and to learn from our mistakes.

You will **hear** some of what I am learning in the sermons on August 1 and 8. But I hope that over the next year or so, you will also be able to **see** some growth in me and in the ways I interact with you. I hope that I am learning to be ever more trusting, ever more receptive, ever more flexible, ever more courageous. And I hope that you will let me know what you see in me, as we move into a new year of ministry together.

For it is in learning that we grow. It is in learning together that we grow together. And it is in growing together, I truly believe, that we find the very essence of ministry.

May there be learning and growth and ministry, for me, and for you.

In faith,

Sally

FROM THE BOARD OF TRUSTEES

Summer is here! It is HOT! But there are lots of cool things going on at UCF. Beginning on August 2, there will be a camp for kids. Get information from Debra Guthrie and bring your kids, your grandkids and your neighbor’s kids to this fun activity.

The Hoopers hosted a Care Circle water day at their house for the Down East and Beaufort Care Circles. Although the water came from the sky and not from the slip and slide and the bay 22 folks had a great time. Does this give any of the other care circles any ideas?

The Worship Committee is organizing a “Take me out to the ballgame” evening to see a Marlins game.

The sanctuary is getting a new look as the window frames get painted. If you want to help, call John Russell.

The flower beds are being weeded and they can always use some extra hand. Weeds grow faster than anything even if there isn’t any rain.

So as you can see there are lots of activities going on that you could volunteer for if you want to. We also have several committees that are short members (for example, Finance, RE and Membership).

The Board is working on a new policy that will cover the rental of our facility by someone outside our congregation. The building is free to those of our congregation who want to have an activity here.

If you want to see what the Board of Trustees and the committees are doing, look on the bulletin board across from the downstairs office for the minutes of each of the Board or Committee meetings.

MOVIE NIGHT FOR AUGUST

The movie for August 6 at 7:30 will be *A Matter of Life and Death*, written, produced and directed by Michael Powell and Emeric Pressberger under The Archers banner. In Technicolor, it is the story of a WWII British bomber pilot whose plane is all shot up on the return flight to England. His crew bails out on his order and his co-pilot is killed. He plans to bail out also, but his parachute (and his co-pilot’s) is also all shot up. He carries on a farewell conversation with an American radio operator at a British aerodrome. He jumps without a chute to avoid burning alive, and miraculously survives the fall. The story is about what happens next. Rated by many critics as one of Powell and Pressberger’s best movies, it stars David Niven, Kim Hunter, Raymond Massey, and Roger Livesey. Leonard Maltin calls it “an absolute original—and a gem, too.” He rates it “the very best.” The movie runs 104 minutes and is rated “PG.” Closed captioned, with free lemonade and popcorn. Don’t miss this one, movie fans.

UCF WOMEN'S GROUP

The UCF Women's Group will meet on Wednesday, August 11 at 12:30. Please bring your own lunch and beverage. No dessert will be served. All women members and friends, are invited to come and join us for fellowship.

UCF LEADERSHIP COUNCIL

We will meet again on August 5 at 7:00 pm at UCF. **Please note the change in date and time** (for this month only).

CHOIR PRACTICE TO BEGIN SOON

Choir break has gone on too long and I miss singing and laughing with you all. Therefore on Sunday, August 15 at 9:15 in the morning we'll gather to sing again. Our choir is for any adult who enjoys singing. You don't need to know how to read music, you do not need to audition and you will NEVER have to sing by yourself if you don't want to. We rehearse every Sunday from 9:15 to 10:15 and sing for our services about twice a month. I do begin choir practice promptly at 9:15 and appreciate singers' efforts to be there on time. We do have one choir rule—if you miss choir practice on a day the choir will be singing for the service, please do not plan to sing that day but please do return the following week. The reason for the rule is that sometimes changes are made at the last minute and if singers aren't there for practice, they won't know the changes. If you would like to come to a rehearsal and give it a try before making a commitment, or if you'd like to just come and observe, you would be most welcome. If you have any questions, please call me, Ann Odell at 726-3648 or email, ttodell2@clis.com.

If we have enough boys and girls for a youth choir I'd love to have one and we would practice following our Sunday morning services and a time for refreshments. In other words, about 11:50-12:15.

UCF GROUPS

These UCF Groups meet regularly and are open to anyone interested, All meet at UCF unless otherwise noted.

Suggestions for new groups are always welcomed

Womens' Group: 2nd Wed. at 12:30 — Ann Odell (726-3648)
Book Group: 2nd Mon. at 5:00 — Ted Odell (726-3648)
Meditation: Every Wed. at 5:00 — Happy Ewbank (727-4233) or Ann Rivers (240-1914)
Caregivers Support Group: 4th Wed. at 3:00 — Rev. Sally White (240-2283)
PFLAG: 2nd Wed. at 7:00 — Ann Rivers (240-1914)
Spanish Conversation: Every Tues. at 11:30 — Lee Miller (240-1280)
Movie Night: 1st Fri. at 7:30 — Dwight Rettie (247-7156)
Drum Group: 4th Mon. at 7 00 — Ann Odell (726-3648)
Lunch Bunch: Every Sun. at 12:00ish — Brenda Brown (808-7216)

WHAT IN THE (UU) WORLD?!

Rev. Sally will host two discussions this month based on articles in the *UU World* magazine. These discussions will focus on whatever articles you, the participants, found

interesting, puzzling, or thought-provoking. One discussion will meet from 7:00 to 8:30pm. on Thursday, August 5 (snacks provided). The other will meet at lunchtime on Thursday, August 19, from 12:15 until 1:30pm. (bring your lunch!). These are drop-in discussions—no sign-up required—and you are welcome to come to either or both! The *UU World* magazine is published quarterly and delivered free of charge to church members, or it is available online at <http://www.uuworld.org/>. If you are not receiving a copy, please contact Rev. Sally at the church (252-240-2283) or ucfminister@starfishnet.com and she will get a copy to you.

OUR UNITARIAN UNIVERSALIST STORY

...is a six session adult religious education program in which eleven people participated during May and June. It was so good (ask a participant!) that we will be offering it again in September and October. Using readings, group discussions, and activities, we will explore the history and heritage of Unitarian Universalism, personal religious values, individual experience, and current theological trends and issues. Rev. Sally White will lead these sessions. Two different times are being offered; if you are able to do either time, please indicate this when you sign up. The Tuesday evening session will start on Tuesday evening, September 7, 7:00 to -8:30pm and run through October 12. The Thursday morning session will start on Thursday morning, September 9, 10:30am to noon, and run through October 14. The classes will meet at the church. Sign-up sheets are in the Social Hall. **We need a minimum of six people for a session to run.**

AUGUST 2010 5TH SUNDAY COLLECTION OFFERING

The Social Outreach Committee has chosen the North Carolina Interfaith Power and Light Organization (NCIPL) to be the benefactor of the plate donations for Sunday, August 29. As some of you may recall, NCIPL is an organization under the umbrella of the North Carolina Council of Churches that offers a religious response to global warming. The organization works with faith based communities to address the causes and consequences of climate change and provide practical solutions through education, outreach and public policy advocacy. (See www.ncipl.org if you wish to find out more about this group or join as an individual member.)

Many UCF members have already participated in two NCIPL events this summer: "Hands Across the Sand" at Fort Macon on June 26, was a national protest against further offshore oil leasing, and the "Carteret Climate Justice Tour" on July 9, included members of six different congregations, including UCF, who heard Dr. Pete Peterson (UNC-IMS) speak about offshore wind potential and Dr.

Mike Orbach (Duke Marine Lab) speak about sea level rise. Penny Hooper (pjhooper@ec.rr.com or 252-7292521) is Chairman of the UCF Green Sanctuary Committee and she also serves as the Coastal Regional Coordinator for NCIPL. She will be happy to answer any questions you may have about this organization

Suggestions for recipients of future Fifth Sunday Donations can be submitted to the Social Outreach Committee through either Miriam Green or Jane Hines.

POTENTIAL NEW SOCIAL OUTREACH PROJECTS

Potential new Social Outreach projects have been listed in the social hall for the last month. Everyone was invited to indicate which projects are highest priorities. This prioritization allows us to focus on what the members and friends of UCF consider most important. Of all the projects listed, "Stop Hunger Now" received the highest number of votes with 18. Tied for 2nd place with 12 votes each were "Set up a UCF table at public events" and "Join Beaufort Sister Community to help Beaufort, Haiti." The next highest priority project had 7 votes. We will move forward with the top 3. The status of those top 3 is on the Social Outreach bulletin board in the social hall. If you can help organize one of these projects, contact Miriam Green.

DESPERATELY SEEKING!

Needed: One person interested in chairing the Religious Education committee. Current tasks: attracting and retaining children, delivering quality classes, overseeing growth of youth group. This position needs someone with flexibility and good people skills. Having children currently or previously is not a necessary prerequisite!

If interested, contact Julianne Fontenoy, fontenoy@embargmail.com or 504-2947.

RELIGIOUS EDUCATION

The children will be putting the finishing touches on the "Create Your Own World" project this Sunday. Then David is very excited to be doing a section on photography coming up in August. David has been looking forward to doing this photography section for some time and it should be fun for him and the children. We will try to put some time aside to finish the swing project; the parts are coming together from far and wide. The heat is killing our enthusiasm for the outside projects but we cannot neglect the garden. August is my official month off (in hindsight not a good month) but I will be around except for the week that I am going to leadership school. They just emailed me

a bunch of stuff I have to do before going, "Dude!! Not enough notice." Anyway, I hope you all are excited about Summer Camp. And I will see you at the ball game!!

Debra Guthrie

SUMMER CAMP

Art, Music, Story Summer Camp will be held at The Unitarian Coastal Fellowship this summer. The day camp sessions will be from 9am to 12 noon Monday through Friday August 2nd -August 6th. The children will explore origin stories from different cultures around the world. There will be opportunities for the children to bring the stories to life through the imaginative use of art, music and dance. The final day of camp will feature a time of sharing, light lunch and a performance for the parents. The camp will be for children ages 5 to 12. There will be a \$10 materials fee for the week and a snack will be provided daily. To pre-register (recommended) or to get information please contact Emilee Mroz at 252-622-5125 or emileemroz@gmail.com.

CAREGIVERS GROUP

The Pastoral Care team sponsors a monthly Caregivers' Group for members and friends of our congregation who are caring for loved ones in times of chronic or acute illness or injury. The monthly meetings offer Caregivers an opportunity to share questions, worries, frustrations and triumphs. Each month we address the concerns that Caregivers bring and share mutual support, caring and resources. If you are caring for a loved one, please join us. The group will meet on **Wednesday August 25** from 3 to 4:30pm at the church.

RECYCLE #5 PLASTICS SUCCESS

Our town and county recycling efforts do not currently include #5 plastics. We have a basket in the kitchen next to the stove to collect your clean and dry # 5 plastics. The basket is already full after only one month. YES!! If you are going to the Triangle and can drop them off at a Whole Foods grocery, please take them. There is a Whole Foods in Durham, Chapel Hill, Raleigh, and Cary. Every small thing we do to help the environment makes a difference.

HELP WANTED!

Nursery attendant—We are seeking a responsible individual to provide child care during our worship services. 2hrs/wk Sunday Mornings \$10/hr. Call or ask Debra for application 252-725-9413

TAKE ME OUT TO THE BALLGAME!

We're hoping everyone that wants to attend the Morehead City Marlin's baseball game on Sunday, August 1 has already signed up. In case you didn't we'll try to add to our list but please call Ann Odell, 726-3648 or email ttodell2@clis.com ASAP! Tickets will be \$5.00 each and the ball park, Big Rock Stadium, is located off Tootle Loop Road which is off North 20th Street in Morehead. We have reserved a picnic shelter in the adjacent Rotary Park from 5:30 - 7:00 for a picnic. Please bring whatever you would like to eat and drink but remember that no alcoholic beverages are permitted in the ball park. There is a grill by the shelter but you will need to bring your own charcoal. August 1 is Church Night at the ball park and we hope to have a wonderful turn out of members, friends and guests to cheer the Marlins on to victory. Hope you'll join us for an evening of fun.

AUGUST SOCIAL OUTREACH MEETING

Everyone interested in social outreach is invited to attend a meeting at 12 noon on August 29 after the service. We will discuss our budget, current projects and potential new projects. Universal Social Justice is a key part of UCF's mission, and involvement is very rewarding.

MARTHA'S MISSION CUPBOARD

Two trips were made to Martha's Mission Cupboard in July. Each one was among the largest donations from UCF. One of the Martha's Mission workers noted the significance of the contribution of these much needed non perishable food items. UCF's generosity is making a difference. Let's keep filling up that basket in the social hall.

HOPE MISSION MEN'S DINNERS

Thanks to the following cooks who prepared food for the men at Hope Mission on the last Saturday of the month. June volunteers were Terri Thomas, Susan Fetzer, Ann Rivers, and Barb Thomas. July volunteers were Karen Baggott, Ann Rivers, Terri Thomas, and Jane Hines.

KNITTING LESSONS AT BOYS & GIRLS CLUB

The knitting program at the Boys & Girls Club in Morehead City could use a few more helpers. This is part of UCF's Social Outreach program.

We will have a meeting or two in August/Sept to discuss projects, make some bags, sort yarn and needles, etc.

After that we will meet weekly with the kids beginning in October. We had about about nine students last year, and there's lots more interested!

Please contact Lees at 241-8420 or lsabo@ec.rr.com for more information.

Thank You!

WATER FUN AT THE HOOPER'S!

On Sunday afternoon, July 18, the Combined Downeast and Beaufort Care Circles met at Mark and Penny's house for a potluck and what was billed to be "Water Fun." So, of course, the great summer drought was ended on that day with rain during most of the party! In spite of that, 22 folks showed up to share fun and food and especially the chance to get to know each other better. Perhaps you'll be going to the potluck/baseball game on August 1, which is another fun opportunity sponsored by the Worship Committee. I sure hope we don't get rained on again!

UCF BED AND BREAKFAST

This service offers B & B accommodations in UCF members' homes for visitors to the Crystal Coast. We charge a fee and the proceeds go to UCF. We're listed with the UU're Home, the international UU directory, as well as on our website. Karen Rettie has kindly offered to become the contact person here at UCF for this, taking over from Brenda Brown and Happy Ewbank. About five UCF members and friends make their spare rooms available for this, and we can always use more! If you're interested in learning more, contact Karen at 247-7156.

GOT WINE?

The UU Church of Loudon in Leesburg, VA does.

Greetings Fellow UU's

The Unitarian Universalist Church of Loudoun in Virginia is proud to offer a special UU Wine Tour of our premier vineyards on October 8 - 10, 2010. Enjoy a relaxing weekend of fine food and wine, rejuvenating countryside, and fellowship for a great price—lodging, meals and wine included!

Loudoun County, Virginia is fast becoming the Napa Valley of the East Coast! With spectacular rolling hills, great soil conditions, temperate climate, skilled winemakers, and dozens of vineyards, Loudoun has emerged as a leading producer of fine award winning wines. Our convenient proximity to the nation's capitol has earned Loudoun the title of "DC's Wine Country." Come see for yourselves during our special October 8 - 10, 2010 UU Wine Tour.

For details, visit www.uuloudoun.org/tour.htm. For questions, please contact Brenda Davis at bdavis@uuloudoun.org or call the church at 703-737-7644 and select option "1" to leave a message.

WINE COUNTRY HOLIDAY

"Napa was as delightful as I had expected. What was equally important and somewhat unexpected was the profound connections I felt with my hosts and hostesses."
Carol Lim, Los Angeles

The UU's of Napa, California proudly announce a new season of our Wine Country Excursions. Again, we offer a variety of options for an inside look at one of America's most beautiful areas, internationally known for fine wines, gourmet dining and spectacular vistas.

There much to see and do in the Napa and Sonoma Valleys: e.g. wine tasting at renowned and boutique wineries; visits to art galleries and museums; exploring the natural beauty of our hills and valleys on miles of hiking and bike trails or by car on our highways and back country roads.

We offer two choices. Both start with comfortable lodging in members' homes with full breakfast (up to 3 nights). You can choose a 2-day "Wine Country Excursion," a guided, personalized tour conducted by one of our members—some with wine industry experience—or lodging and self-guided touring. If desired, we provide guidance, maps, etc.

The program runs from April through October. Our fees are below market rate for similar services and all proceeds go to our small fellowship. For complete details contact: Tom Wilson (707-254-7443) or 2wilsons1dog@comcast.net

We look forward to sharing our lovely "home" with you!

NEWS OF UU'S FOR JULY 2010

Pat Osborne mourned the passing, after a long illness, of her friend and former active UCF member Betty Himlan on July 21. She was 89 years old and has been living in New York near her daughter for the last few years.

Ron White enjoyed seeing Black Terns nesting on Shackleford, here from the Midwest for their annual migration.

Ann Odell came home tired but happy from her trip to the 8th annual UU musician's network conference in Madison, Wisconsin. Ann asked we keep her fellow UU musician Kelly Walker in good thoughts for her husband.

Brooke Rogers was happy her friend, Victoria came to UCF with her.

Karen Rettie's granddaughter has returned from Italy where she was studying.

Rev. Dick Weston-Jones asked we send his wife Mary comforting thoughts during her prolonged battle with cancer.

Barb and Bob Thomas enjoyed a visit from her brother.

David Evans remembered and honored his youth minister, Rev. Paul Sawyer for his intellect, passion and commitment to causes of peace and justice.

Emilee Morz thanked Ted Odell for cutting the pieces of wood for the upcoming kid's camp. She also showed concern for the suffering of animals by neglectful and abusive humans.

Pat and Ron Harms are happy to have sold their previous home and will be making a trip to say goodbye to it.

Claire Brothers-Thorne has her emotions all stirred up- joy that her son Jay is home and concern for all the other families waiting for their son's and daughters to return.

Claire Doyle thanked Claire for Jay's service and got a round of applause in agreement from the congregation.

Karen Baggott mourned the passing of her Aunt Marge at 97 years, her last remaining relative of that generation.

Barb Thomas announced that Martha Naset and Pam Holliday won the 4th annual Friends of Maritime Museum crab cake cook off.

Karen Baggott and Jerry Heiser got a good report from his latest Duke Dr.'s visit, while there they visited the botanical gardens where Jerry made friends with a duck.

Betty Skulstad vacationed in Maine with family members.

Geoff and Brenda Brown continue to enjoy their trip in the mid west.

July Birthdays were celebrated by Pat Osborne, Julianne Fontenoy, Jerry Heiser, Brooks, Karen Rettie, Bob Thomas and Martha Naset.

Ann Rivers and John Russell celebrated their 20th anniversary in July.

If you have news of UU's you'd like to share please call me at 504-3689 or send me an email at mnaset@ec.rr.com.

Thanks! Martha Naset

CALENDAR FOR AUGUST 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 No Choir Practice 10:30 Service 5:30 Marlins Ball Game	2	3 11:30 Spanish Conversation 5:30 Worship Committee	4 5:00 Meditation	5 5:30 Finance Committee 5:30 Leadership Council 7:00 What in the (UU) World?!	6 7:30 Movie Night: <i>A Matter of Life and Death</i>	7
8 No Choir Practice 10:30 Service 12:00 RE Committee	9 5:00 Book Group	10 11:30 Spanish Conversation	11 12:30 Women's Group 5:00 Meditation 7:00 PFLAG	12	13	14
15 9:15 Choir Practice 10:30 Service 12:00 Green Sanctuary	16	17 11:30 Spanish Conversation 5:30 Mountain Reunion	18 5:00 Meditation 6:00 Board of Trustees	19 12:15 What in the (UU) World?!	20	21
22 9:15 Choir Practice 10:30 Service	23 7:00 Drum Circle	24 11:30 Spanish Conversation	25 3:00 Caregivers' Support Group 5:00 Meditation	26	27	28 Men's Shelter Dinner – deliver to Social Hall by 5:30
29 9:15 Choir Practice 10:30 Service 12:00 Social Outreach Meeting	30	31 11:30 Spanish Conversation				

Unitarian Coastal Fellowship
1300 Evans Street
Morehead City, NC 28557



OFFICERS AND TRUSTEES

Officers

President: Karen Rettie	247-7156
Vice-President: Penny Hooper	729-2521
Secretary: Barb Thomas	222-0740Co-
Co-Treasurer: Geoff Brown	247-2638
Co-Treasurer: Jerry Miller	240-1280

Trustees

John Farmer	622-3323
Debra Guthrie	725-9413
Terri Thomas	314-4110

This newsletter is published once a month for members and friends of the Unitarian Coastal Fellowship. The newsletter is distributed by email. Those not having email can pick up a copy in the lobby of the church, usually by the first Sunday of each month.

The deadline to submit material for the newsletter is by midnight of the fourth Sunday of each month, unless specifically designated otherwise. Submissions, preferably in MS Word, may be made by email: fontenoy@embarqmail.com or ucfeditor@gmail.com. The editor has the prerogative of accepting material based on appropriateness and space.