



UNITARIAN COASTAL FELLOWSHIP  
*A Unitarian Universalist Church*

# The CoastLine

Unitarian Coastal Fellowship  
Member of the Unitarian Universalist Association  
1300 Evans Street, Morehead City, NC 28557  
www.ucfnc.org  
252-240-2283  
Minister: The Reverend Sally White  
252-726-4863

**OUR MISSION STATEMENT:** The Unitarian Coastal Fellowship: building a community that fosters free religious inquiry and universal social justice.

**A WELCOMING CONGREGATION:** We are an intentionally diverse community welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

## February 2010

### FROM THE WORSHIP COMMITTEE

January 31: **Giving to Grow.** The mission of this Unitarian Coastal Fellowship is “building a community that fosters free religious inquiry and universal social justice.” This morning we will explore **your** role in supporting the ministries we practice, funding the programs we offer, sustaining this meetinghouse that is the fertile ground for all that we do together. This morning’s service will mark the official beginning of this year’s Canvass.

February 7: **Music, Art, Poetry, and Dance.** This Sunday we will celebrate the unique talents of some of our UCF members and friends. Some of our young people will be sharing their talents with us along with some of the not so young. Our Social Hall will be filled with art work created by our members and friends. This is always a fun-filled, surprising service and this year will be no different.

February 14: **Love.** In October we explored “faith,” in November we considered “hope.” On this Valentine’s Day, let us turn our attention to “love,” the third theological virtue. How does love call us out of ourselves, out of our comfort zones, and into action?

February 21: **Gandhi.** Mohandas Ghandi is credited with leading the nation of India to independence of colonial rule—without the use of physical or political violence. His philosophy of nonviolence inspired Martin Luther King’s leadership of the American Civil Rights movement. This morning, let us look at the role and the influence of Gandhi’s Hindu faith in shaping his life, his work, and his

legacy. This is the second in an occasional series of sermons examining moral exemplars from a variety of religious traditions.

February 28: **Our Spiritual Heritage.** Guest speaker Jean-Michel Margot, of the Hillsborough Unitarian Universalist Church, will present a program about Michael Servetus. Michael Servetus is considered one of the founding fathers of Unitarianism and is embraced as a martyr of liberal religion. This promises to be a dynamic program. Mr. Margot was born in Switzerland and his native tongue is French. After reading our seven principles he knew he had found the denomination he had been looking for more than 60 years.

### FEBRUARY GREETERS

January 31: Karen and Dwight Rettie

February 7: George and Sandy Kunkle

February 14:

February 21:

February 28: Geoff and Brenda Brown

Help fill in the blanks. Sign up sheets for February, March, and April are on the back bulletin board in the social hall. Many thanks, Brenda Brown for Membership Committee.

If you are unable to keep your commitment, please call another greeter and arrange to swap dates.

Greeters—please fill out the form (SHORT AND SWEET) you will find next to the guest sign in to list the date, number of adults and children present in the service. Place form in the brown envelope under the guest book. You should be able to do the count during the service.

## FEBRUARY REFLECTIONS FROM SALLY

Following my customary January study leave, I am back in the office for my usual office hours beginning Tuesday, January 26.

This month of February marks the beginning of our Canvass—our annual stewardship campaign. This year, the theme and the focus of our Canvass is “**Giving to Grow.**”

Let me here echo the words that I have written in our Canvass brochure.

Between the present reality and the future that this congregation envisions and strives to create, there is a door: the door of hope and growth. Each year as we begin our congregational Canvass, we pause on the threshold of that doorway. In truth, we cannot move forward into the future without money to nurture the life that moves within and between and beyond us here. Your pledge supports the ministries we practice, funds the programs we offer, sustains this meetinghouse that is the fertile ground for all that we do together. In 2009-10, nearly 69% of our income derived from pledges. As we wean ourselves from drawing on reserve funds and endowment income to balance our budget, pledge income becomes increasingly important. If each of us can grow our pledge by just a few dollars a week, then all that we are and all that we do together will grow, and we and the world will be richer as, together, we build a community that fosters free religious inquiry and universal social justice.

As February comes and our southern weather warms towards spring, a spirit of giving grows in me. May you, too, be inspired by all that we are and all that we can be, so that we may grow together.

Blessings of giving and growth to you,

*Sally*

## PRESIDENT’S COLUMN

Rain, rain go away...is it just me or has this been a particularly rainy winter? I know that the cold has been record breaking. As we approach the beginning of our annual canvass, we each need to ask ourselves if this can be the year of a record breaking canvass for UCF. The goal of this canvass is 100% participation and I believe that we can achieve that goal.

Look at each program this congregation provides, ask yourself how important it is to you individually, and give accordingly.

On another note, the Board of Trustees and the Leadership Council continue to look at ways we can improve communication between the various committees who are doing the work of providing music, religious education, worship services, outreach into the larger community and even the day-to-day maintenance of this building. If you have ideas or want to help with any of the committees—see the bulletin board in the Social Hall to discover who is on the committee and contact someone to volunteer.

Whether you make New Year’s Resolutions or not, let’s all resolve to make this the best year in UCF’s history in all ways.

Karen Rettie

## MOVIE NIGHT FOR FEBRUARY

The opening movie for 2010, on Friday, February 12, will be *Flash of Genius*, a drama based on a true story. College professor Robert Kearns (Greg Kinnear) takes on the Ford Motor Company when that company fails to give him credit for his invention of the intermittent windshield wiper. If you know how the lawsuit comes out, there won’t be a lot of suspense, but if you don’t remember it, there is enough suspense to keep anyone awake for the 2-hour length of the film. Alan Alda makes a cameo appearance as one of Kearns’ lawyers (in the end, Kearns defends himself). Also starring Lauren Graham as Kearns’s wife. Rated PG-13, the movie was released in 2008—before all the publicity Ford received for not being bailed out of the financial mess the automobile got itself into. Popcorn and lemonade come with the movie.

## SOCIAL OUTREACH ACTION

Hope Mission residents were served a hot meal by our church on Saturday, January 23rd, thanks to Ann Rivers, Happy Ewbank, Terri Thomas, and Jane Hines.

## UCF GROUPS

These UCF Groups meet regularly and are open to any one interested, All meet at UCF unless otherwise noted. Suggestions for new groups are always welcomed

Womens' Group: 2nd Wed. at 12:30 — Ann Odell (726-3648)

Book Group: 2nd Mon. at 5:00 — Ted Odell (726-3648)

Meditation: Every Wed. at 5:00 — Happy Ewbank (727-4233) or Ann Rivers (240-1914)

Caregivers Support Group: 4th Wed. at 3:00 — Rev. Sally White (240-2283)

PFLAG: 2nd Wed. at 7:00 — Ann Rivers (240-1914)

Spanish Conversation: Every Tues. at 11:30 — Lee Miller (240-1280)

Movie Night: 2nd Fri. at 7:30 — Dwight Rettie (247-7156)

Drum Group: 4th Mon. at 7 00 — Ann Odell (726-3648)

Lunch Bunch: Every Sun. at 12:00ish — Brenda Brown (808-7216)

## MUSIC, ART, POETRY AND DANCE SERVICE

We have had a change of date for this annual service. Instead of being on January 31 it will be held on February 7. This will give you an extra week to polish your act or to finish your art work. This annual service is a time to share your musical, artistic or dance talents with the rest of us. It's open to the young and not so young and members or friends. The young will be first on the program so they can then attend their RE classes. Art work exhibited should be an original piece and needs to be brought to church either the Sunday before or early on the 7th and it needs to be ready to hang. There is a sign-up sheet on the bulletin board in the Social Room and if you wish to participate, you must sign up. Last day to sign up will be January 31. Please limit your presentation to five minutes or less so there will be time for all wanting to take part. You may contact Ann Odell if you have any questions: 726-3648 or ttodell2@clis.com.

## SOCIAL OUTREACH MEETING, JANUARY 31

Put on your calendar a Social Outreach meeting after the service on January 31. This is an important meeting where we will finalize our spending through the fiscal year ending June 30. I will send an agenda as the day approaches. If you are not already on the distribution list and would like to be, contact Miriam Green at [mwgreen@mindspring.com](mailto:mwgreen@mindspring.com) or 252-726-3583.

## CANVASS IS HERE

The 2010 canvass is here! Between January 31 and March 14, every member and friend of UCF will be contacted by a canvasser to discuss our thoughts about UCF. You will hear a lot during the canvass about our vision and goals about growth, programs, outreach all of which are very important and vital to the continued existence of UCF.

However, how important UCF is to you and your life? This is the core question when contemplating raising your pledge. UCF is a sanctuary for many of us in this community; a place where we can go and be freely heard, and listen with open minds. We need this sanctuary.

There are vast needs around the world; but there is also a vast need at UCF for increased financial support. It's important that we focus on good works, spirituality, friends and family; all of which can be found at UCF where we can help one another and assist the larger community. The most selfish thing we can do is to help other people. Generosity feels good. Helping others and helping your Church through generous donations will generate a basic human pleasure and we all want to feel good and happy. Giving to grow will make you happy!

## RELIGIOUS EDUCATION

The Religious Education program is going through some changes right now. Doug Hayes will be stepping down as RE committee chair, due to increasing family obligations. We are so thankful for all that Doug and Stella have brought to our RE program and we wish them the best of luck in all their endeavors. They will still be attending church with us and participating in the RE program, and we are extremely grateful for that.

The show must go on however, and we are planning to continue with the *Creating Homes* program through the end of March. We have discussed doing the garden again this year; the children seemed to like that activity. So, the first part of April would be a good time to take a break from the classroom and get out in the garden.

All of the parents are extremely busy (my mom says meeting themselves coming) so I am very grateful for everyone that has volunteered to help and I will be calling on you, probably too often. I am having a little trouble getting into the groove with scheduling. You know I am a bit of a goof. Did I tell you about the time I almost strangled myself with my seat belt? Anyway, we have been having a lot of fun in RE lately and I am certain that trend will continue.

Debra Guthrie

## 5<sup>th</sup> SUNDAY COLLECTION PLATE DONATIONS

5<sup>th</sup> Sunday non pledge collection plate donations are specified to go to a social outreach effort.

The non pledge plate collections from our January 31 service will be donated to Carteret County Partnership for Children, a non-profit organization dedicated to serving children birth through age 5. Our November 30, 2009 service was about the critical programs that they fund through Smart Start, the Carteret Community Foundation, and generous support of local donors. They provide and/or fund many programs that promote Smart Start's mission of helping all children in North Carolina enter school healthy, motivated and ready to succeed.

Below is the status of all donations for the 2009 – 2010 fiscal year. If you have suggestions for future donations, talk with Jane Hines or Miriam Green.

### **Complete:**

July 2009: \$255 to Friends of Atlantic House  
November 2009: \$615 to Project Christmas Cheer

### **Planned:**

January 2010: Carteret County Partnership for Children (CCPC)

### **To be Determined:**

May 2010

## FUN FUNDRAISING GROUP

The fun fundraising group is planning our annual UCF rummage sale for late April, so start saving up your "stuff." Save the date for a gala Chili Fest at Ann Fiske and Wes Long's on May 15. Put that one in your new 2010 calendar!

## UCF WOMEN'S GROUP

Do you know of a home remedy that works or ....that doesn't? One that you've tried, or read about, or heard about, or found out about through the grapevine or on the internet? One that sounds strange but isn't or one that sounds strange and is? Bring your stories, your grandmother's story or the story of someone you don't even know and share them as we discuss, laugh and learn about "Home Remedies from Soup to Nuts and A to Z" at the next Women's Group. We will meet on Wednesday, January 13 at 12:30 at the church. Beverages and dessert will be furnished. Brown bag the rest. All women are cordially invited to attend.

## CAREGIVERS' GROUP

The Pastoral Care team is sponsoring a monthly Caregivers' Group for members and friends of our congregation who are caring for loved ones in times of chronic or acute illness or injury. The monthly meetings offer Caregivers an opportunity to share questions, worries, frustrations and triumphs. Each month we share resources on a specific topic, as well as address the concerns that Caregivers bring. If you are caring for a loved one, please join us.

In January, the group will meet on January 27. Our topic for January will be special challenges encountered by Caregivers during the holiday season.

In February, the group will meet on February 24. Our topic for February will be physical challenges faced by Caregivers—lack of sleep, eating right, anxiety, lifting, or others you might name. What have you learned, and what can you share with others?

## CALENDAR IN SOCIAL HALL

Starting soon, there will be six individual monthly calendars hanging in the Social Hall. There will be no one person specifically responsible for maintaining the events on the calendar. If you have an event or meeting to post, please write it clearly on the calendar and put your name with it so that people will know who to ask if they have questions.

## FEBRUARY'S SILENT AUCTION

We have three offerings for the silent auction in February. Duncan and Jessie McElhaney will again offer an authentic Down East Oyster Roast on March 6 (raindate March 13) at their home in Smyrna. They have a great spot for this activity and there will be side dishes as well as all the roasted oysters you can eat. Reverend Sally will offer the opportunity to Name That Sermon. Suggest a topic and consult with her as she constructs a sermon around it. Finally, Wayne Holderness has donated a beautiful print by Jerry Miller, a local artist who has had several of his works chosen for the annual Seafood Festival Poster. Watch the bulletin board in the social hall for details.

## HELPING HANDS

Helping Hands is a new effort sponsored by your Membership Committee. This is an effort to share among ourselves as well as our friends, neighbors—and even that stranger you may meet in the super market

line—the many skills and services we each have to offer. If you have a skill or service to add to our sharing, please let Beth Baugham (247-2218) or Brenda Brown (808-7216) know.

To avail yourself of a service, just contact the person listed directly. You may simply accept the skill or service in good grace. Or you make a donation to UCF or offer a different service or skill in exchange. That's completely up to you!

So far this is what we have to offer:

- Home Handymen: light carpentry, minor plumbing or electrical fixes, yard work, transportation of goods or people. You need to provide the materials needed. Call Ted Odell, 726-3648 or Geoff Brown, 247-2638.
- Some one to stay with an ailing spouse so you can get out for part of a day. Members of the UCF "Caregivers Support Group" are available. Call Rev. Sally.
- Blood pressures: Lee Miller is ready and willing to help with blood pressures.
- Pet Walking or short term pet care? Give Brenda Brown a call(808-7216). She loves animals and will happily help out.
- Need a grocery fetcher or help with light housework or a meal? Members of the UCF Women's Group are available. Call Brenda Brown (808-7216).

## **TJD EASTERN CLUSTER MEETING**

The 2010 gathering of our eastern Carolina congregations is scheduled for March 20 from 9 AM to 4 PM at the UU Congregation of Greenville. The dynamic keynote speaker, Rev. Mark Morrison-Reed, will speak on "The Perversity of Diversity." Reverend Sally is leading a breakout session on Social Outreach, and we hope that many of you will consider attending. Cost is \$20 for adults and \$15 for children under 13. Scholarships are available. You can see the program in more detail on the TJD website, [www.tjdistrict.org](http://www.tjdistrict.org). Reserve the date now and look for more information in the March newsletter.

## **A BUMP IN THE ROAD TO ENERGY EFFICIENCY AT UCF**

Claire Brothers-Thorne, our green leader of the Building Committee, has put together a proposal to remedy another area of significant heat and cooling loss at UCF: the ceiling of the sanctuary. Look up the next time you enter and see the big old fluorescent fixtures in the

ceiling. The installation, many years ago, of these fixtures requires that wide gaps without insulation exist around them because of safety regulations. In addition, our attic above this ceiling badly needs a lot of new insulation.

Claire's proposal calls for the replacement of these outdated fixtures with new recessed, low energy fixtures. Once the old fixtures are removed and the new, much smaller ones replaced, then the ceiling will be fixed and new attic insulation put in. The propane and electricity savings will be considerable. Her total proposal will cost \$2300, about \$700 of which is already available, thanks to the Green Sanctuary committee donating their annual allocation to this project. Virtually all of the labor involved will be volunteer, including the electrical work.

At the moment her plan is stalled due to budgetary constraints. We are actively seeking to fund this as soon as possible, and any suggestions will be greatly appreciated: grant suggestions, energy loans, etc. Claire will have copies of the infra red camera pictures taken of this problem in the social hall the next few Sundays. Do chat with her. Many thanks to Claire for all her time, effort, and energy!

## **NEWS OF THE TJ DISTRICT**

There are a number of interesting things going on in our District now and in the near future. The annual Anti-Racism Conference will be held at the First UU church of Richmond, VA this year on February 5-7, 2010. Thought-provoking speakers and helpful workshops along with meals, singing and time for reflection make this conference exciting and motivating. In conjunction with this conference, the UU Church of Richmond is selling T-shirts promoting the elimination of all the hateful "isms" in our world: sexism, racism, anti-semitism, ageism, and many more. The front of the shirt says ERASE-ISM. A great gift idea.

A new on-line learning program entitled What Moves Us: Unitarian Universalist Theology is being offered in 10 ninety minute sessions. The program focuses on a particular UU theologian each time, exploring their life experiences and motivations as well as their writings. The program is available at no cost.

And finally, there is a call for people interested in a drumming event at The Mountain sometime in the future and an e-mail address to contact if you are interested. You can read more about all these opportunities and many more by going to the TJD website at [www.tjdistrict.org](http://www.tjdistrict.org).

## KNITTING LESSONS AT BOYS & GIRLS CLUB

The knitting program at the Boys & Girls Club in Morehead City could use a few more helpers. Please contact Lees at 241-8420 for more information.

We meet weekly (probably on Wednesdays in 2010) from 3:30 to 4:30, and have about nine students right now, with more to come in the new year. Thank You!

## MARTHA'S MISSION CUPBOARD SEEKS A MANAGER

Martha's Mission, a local food distribution organization with which our congregation has a long history of cooperation and assistance, is seeking a manager to oversee the mission's general operation. Duties include supervision of ordering, storage and distribution of food, liaison with media and community groups, and maintenance of records and statistics. This is a voluntary position. For more information, or to apply, call 726-1717 between 10 AM and 3 PM, M,W, F.

## UU'RE HOME

Do you dream of inexpensive vacation travel to interesting destinations where you can stay in the homes of friendly people who share your ideals and are happy to provide directions and advice for their area?

The UU bed and breakfast directory *UU're Home* (formerly *Homecomings*) can fulfill your dream. For 31 years, we've provided a network of hosts in the United States (and a few abroad) who enjoy meeting new friends and who are happy to open their home to like-minded people.

You can also become a host and be listed in the directory: see [www.UUreHome.com](http://www.UUreHome.com) for an application. If you have questions, contact us at [info@uurehome.com](mailto:info@uurehome.com) or call 828-281-3253.

Host listings on the *UU're Home* website at [www.UUreHome.com](http://www.UUreHome.com) are updated whenever changes are made or new hosts are added. The paper edition is published once a year in April. For a copy of the 2010 directory and a year's access to the website listings, please click on "become a member" to pay by credit card, or send a check for \$25 and **your e-mail address** to UU're Home, 43 Vermont Court, Asheville, NC 28806.

## NEWS OF UU'S FOR JANUARY 2010

Many members and friends gather to celebrate the life of Sherry Wells.

Ann Odell received word that former UCF member Joe Gluck had passed away. Joe and his wife Sally were longtime members of UCF.

Debra Guthrie dropped a stone for her friend Melissa who is having health concerns.

Duncan McElhaney bumped into Libby Steadham, who was anticipating upcoming surgery.

Betty Skulstead learned that Connie Brown fell at Harborview. Connie was in church the next weekend and is fine.

Geoff Brown dropped a stone for his friend, Neil Senior, who was undergoing surgery.

Ron White and Barb Thomas both expressed concern for Haiti. Ron was there years ago and Barb's brother was there during the earthquake.

Carol and Dick Kidd were at UCF and Carol is feeling better and is regaining strength. Carol also thanked Dick for being her caretaker for the past 8 months.

Ruth Smith's cousin's son Evan and his partner, Emily are heading to the Olympics in ice dancing.

Claire Brothers-Thorne expressed concern for Ty and gratitude for all those serving in Afghanistan.

Ann Odell's daughter Kristie is through with her radiation treatments.

January Birthdays were celebrated by Richard Kidd, Margie Meisenheimer, Sue Mathis and Rebecca Cole.

Sandy and George Kunkle celebrated their 52<sup>nd</sup> wedding anniversary.

Marie Caldwell has moved! Please come visit or write to her at this address:  
Marie Caldwell  
4428 Pheasant Ridge Road, Apt.#44  
Roanoke, Va. 24014

Got news of UU's and would like to share? Please call me 504-3689 or email me at [mnaset@ec.rr.com](mailto:mnaset@ec.rr.com)

Thanks-  
Martha Naset

## CALENDAR FOR FEBRUARY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> 11:30 Spanish Conversation 5:30 Worship Committee	<b>3</b> 5:00 Meditation	<b>4</b> 5:30 Finance Committee	<b>5</b>	<b>6</b>
<b>7</b> 9:15 Choir Practice 10:30 Service 11:50 Children's Choir Practice	<b>8</b> 5:00 Book Group	<b>9</b> 11:30 Spanish Conversation	<b>10</b> 12:30 Women's Group 5:00 Meditation 7:00 PFLAG	<b>11</b> 7:00 Leadership Council	<b>12</b> 7:30 Movie Night: <i>Flash of Genius</i>	<b>13</b>
<b>14</b> 9:15 Choir Practice 10:30 Service 11:50 Children's Choir Practice 12:00 RE Committee	<b>15</b>	<b>16</b> 11:30 Spanish Conversation	<b>17</b> 5:00 Meditation 6:30 Board of Trustees	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b> 9:15 Choir Practice 10:30 Service 11:50 Children's Choir Practice 12:00 Green Sanctuary	<b>22</b> 7:00 Drum Circle	<b>23</b> 11:30 Spanish Conversation	<b>24</b> 3:00 Caregivers' Support Group 5:00 Meditation	<b>25</b>	<b>26</b>	<b>27</b> Men's Shelter Dinner – deliver to Social Hall by 5:30
<b>28</b> 9:15 Choir Practice 11:50 Children's Choir Practice 10:30 Service						

**Unitarian Coastal Fellowship**

1300 Evans Street  
Morehead City, NC 28557

**OFFICERS AND TRUSTEES**

**Officers**

President: Karen Rettie	247-7156
Secretary: Barb Thomas	222-0740
Treasurer: David Evans	247-2812

**Trustees**

Claire Doyle	726-6997
John Farmer	622-3323
Ted Odell	726-3648

This newsletter is published once a month for members and friends of the Unitarian Coastal Fellowship. The newsletter is distributed by email. Those not having email can pick up a copy in the lobby of the church, usually by the first Sunday of each month.

The deadline to submit material for the newsletter is by midnight of the fourth Sunday of each month, unless specifically designated otherwise. Submissions, preferably in MS Word, may be made by email: [fontenoy@embarqmail.com](mailto:fontenoy@embarqmail.com) or [ucfeditor@gmail.com](mailto:ucfeditor@gmail.com) . The editor has the prerogative of accepting material based on appropriateness and space.